

Terri Schmidt, LCSW
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CURRICULUM VITAE

EMPLOYMENT

1986—present Schmidt Associates Counseling Center, Park Ridge, IL

Schmidt Associates is a counseling and training center that provides behavioral health services using evidence-based medicine protocols. As the center is currently contracted with over fifteen insurance companies, including Medicare, clients of all ages are helped to obtain behavioral health services within their financial means. Additionally, several Chicago-based unions have contracted for assessments and referrals for members who have failed random drug tests.

Corporate training sessions are provided on subjects ranging from stress management to information on caregiving and work-life balance. Power-point presentations, interactive webinars and traditional teaching methods are used. Critical incident stress debriefings are done on an as-needed basis.

I have been the designated trainer for the Federal Deposit Insurance Commission (FDIC). Currently I am a designated trainer for the Nuclear Regulatory Commission (NRC) Region 3. I also provide critical incident stress debriefings on an as-needed basis for them.

PAST EMPLOYMENT

1979-1986 West Suburban Kidney Center, Oak Park IL (Currently Fresenius Dialysis)
Director of Social Work

West Suburban Kidney Center was a multi-state dialysis corporation in Illinois, Indiana, Wisconsin, and New York, with consulting services in the Cayman Islands. This position involved supervising Masters-level clinicians in the above states, ensuring compliance with Medicare regulations of the End-Stage Renal Disease Program. A social work field internship program was created in partnership with the Jane Addams School of Social Work, University of IL in Chicago.

Additional responsibilities involved training all levels of staff in communication skills and team-building, monitoring insurance eligibility for all patients, assisting with multi-level marketing and writing certificates of need for unit expansion. WSKC was the largest provider of dialysis in the Midwest.

1976-1979 Resurrection Hospital, Chicago, IL
Staff Social Worker

This position involved providing assessments and care plans for patients in the stroke rehabilitation unit of an acute care hospital. Provided emergency room services, including referrals from O'Hare International Airport.

1974-1976 Circuit Court of Cook County

Probation Officer assigned to the First District Police Department in Chicago

EDUCATION

B.A. (Psychology) 1971, University of Illinois at Chicago

M.S.W. 1974, University of Illinois at Chicago

A.B.D. in Public Health, University of Illinois at Chicago
(My dissertation on a meta-analysis of studies on the interplay of pain, sleep deprivation and depression in older adults remains unfinished. Preliminary exams and all course work leading to a Ph.D. in Public Health and Gerontology have been completed.)

PRO-BONO ACTIVITIES

2016- Chair of the Health Commission, City of Park Ridge

2015- Recently appointed to the Advisory Committee of the Crisis Intervention Team of the Park Ridge Police Department. This is a pilot program funded by the University of Illinois designed to help police work with people they encounter who may have mental illness or a substance abuse disorder. I am also trained as a CERT (Community Emergency Response Team)

2012—present Steering Committee member for community health needs assessment for Advocate Lutheran General Hospital

2009-2012 Health Commissioner, City of Park Ridge, Illinois.

Assisted in identifying the health needs of the citizens of Park Ridge. Developed the column "To Your Good Health" to disseminate important health information to the lay reader. This column was syndicated in the Sun Times Media/Pioneer Press.

2007-2009 First Vice-President, National Association of Social Workers, Illinois Chapter. Organized advocacy efforts to ensure that Medicaid clients were offered equal choice for behavioral health services and provider.

2000-2004 Chaired two successful political campaigns for an Illinois state legislator.

2000-2001 Task force member, Illinois Department of Health and Human Services. Responsibilities included developing behavioral health screening measures for children under the All Kids program. This program is now a Illinois program providing health services for 0-18 children for low and middle-income families.

2001 City of Park Ridge Liaison to the Suburban O'Hare Commission

1998-2000 Chair, Political Action Committee, NASW-IL

1995-1998 Chair, Managed Care Task Force, NASW, IL

1993-1994 Advocate for Survivors of the Our Lady of the Angels School Fire. Designed and implemented the first critical incident debriefing for survivors, family members and first responders forty years after a school fire killed 93 children.

1981-1990, Board Member, National Kidney Foundation of IL

1982-1984 President, NKF-IL Council of Renal Social Workers

LICENSES AND CERTIFICATIONS

LCSW #149-0050, State of Illinois

National Association of Social Workers Advanced Social Worker in Gerontology

Certified Employee Assistance Professional #011807

American Red Cross certified in disaster mental health

City of Park Ridge civilian emergency response team (CERT)

NOLS certified in wilderness first aid

Master Gardener, U of IL Northwest Cook County Extension Program

For more information, including published columns and services, please see my website, <www.terrischmidt.com>